



Sport and Exercise Medicine

Northern Territory Medical Career Pathways

Flinders NT Regional Training Hub

[Flinders.edu.au/fnt-rth](https://flinders.edu.au/fnt-rth)

Sport and Exercise Medicine – Australasian College of Sport and Exercise Physicians (ACSEP)

The Australasian College of Sport and Exercise Physicians (ACSEP) is the pre-eminent professional body representing Sport and Exercise Physicians and Sport and Exercise Medicine in Australasia.

Read more about the ACSEP [here](#)



Entry requirements

- Current, unconditional, Medical Registration from the applicable Medical Board or Council in Australia or New Zealand
- Completion of suitably acceptable (for the purposes of the Application) first and second years (PGY01, PGY02; and the commencement of (at minimum) a third year of a suitably acceptable (postgraduate Year 3 (PGY3) medical training (or its full-time equivalent) Applicants who have not yet completed PGY3 will anticipate its completion prior to the date of commencement on The Training Program
- Permanent Residency or Citizenship of Australia or New Zealand.

How to Apply

- Determination of applicant eligibility for the Training Program is undertaken by the Interview and Selection Committee, in consultation with the Training Committee
- Completion of a minimum of three full time equivalent years of “Foundation Training”
- ACSEP allows the graduate to determine their own Foundation Training Pathway within the general medical and surgical fields
 - at least two of the three years must have been in full-time, supervised positions in recognised teaching hospitals
 - during Foundation Training the applicant is recommended to spend time in the following posts:
 - general medical unit
 - accident and Emergency Unit
 - an orthopaedic service dealing mainly in sports medicine related orthopaedics or trauma.

Total Training Time

The Training Program is a minimum of 4 years in duration. Each training year consists of a minimum of 44 weeks dedicated to Clinical Training spread over the 52-week Training Program Year.

NT Sport and Exercise Medicine Training Pathways

Unlike other Specialist Medical Colleges where the majority of training is conducted within a hospital setting, the majority of ACSEP’s training is conducted from privately owned medical clinics run by ACSEP Fellows. For one of these clinics to be deemed as a suitable and recognised training practice for our Registrars, that practice must undergo a rigorous Accreditation Process as conducted by the ACSEP.

Territory Sports Medicine is currently the only practice accredited for ACSEP SEM training.

NT Sport and Exercise Medicine Training

Training Site	Foundation - General Medicine	Foundation - Accident and Emergency Unit	Foundation - Orthopaedic service	FACSEP – 44 weeks	Notes
Royal Darwin Hospital (tertiary hospital)	•	•	•		
Palmerston Regional Hospital	•	•			Foundation Training: at least two of the three years must be in full-time, supervised positions in recognised teaching hospitals.
Gove District Hospital	• Rural Medicine term	• Rural Medicine term			During Foundation Training the applicant is recommended to spend time in the following posts:
Katherine District Hospital	• Rural Medicine term	• Rural Medicine term			<ul style="list-style-type: none"> • General medical unit • Accident and Emergency Unit • An orthopaedic service dealing mainly in sports medicine related orthopaedics or trauma.
Alice Springs Hospital (tertiary hospital)	•	•	•		
Tennant Creek Hospital	• Rural Medicine term	• Rural Medicine term			Rural Medicine term (a mixture of general medicine and emergency medicine).
Territory Sports Medicine (Darwin)				•	

- Training available.

Note: To be used as a guide only - refer to the relevant health service and ACSEP for current training post accreditation options.

Contacts

For more information on Sport and Exercise Physicians & Sport and Exercise Medicine training and employment opportunities in the NT, please contact:

Flinders NT Regional Training Hub

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